

Personal needs

Lactation rooms

NC State has lactation rooms available for reservation throughout campus: <https://cswomen.wordpress.ncsu.edu/lactation-and-baby-care/>. A lactation room is available in Jordan Hall in Room 5122. To reserve this room, contact [Rachel Kasten \(rachelkasten@ncsu.edu\)](mailto:rachelkasten@ncsu.edu).

Menstrual supplies

Free menstrual supplies are available in the Department of Marine, Earth, & Atmospheric Sciences in the 4th floor women's restroom in Jordan Hall.

Showers

Accessible, private showers are available in Jordan Addition inside the 2nd floor men's restroom (room 2212) and 3rd floor women's restroom (room 3212).

Gender Inclusive Restrooms

Men's and women's are found on each floor of Jordan Hall and Jordan Addition. The closest all-gender restroom can be found in room 1011 Biltmore Hall (2820 Faucette Dr.). A list of all single-stall, lockable, and accessible gender-inclusive restrooms throughout campus can be found at <https://diversity.ncsu.edu/glb/nc-state-gender-inclusive-restroom-list/>.

Other personal needs

NC State University offers a variety of resources for students, staff, faculty, and recent graduates experiencing food, housing, or financial insecurity. Please see the Pack Essentials website: <https://dasa.ncsu.edu/support-and-advocacy/pack-essentials/>